

October 2021

Primrose



1	Friday	2	Saturday
9:15	Target Practice	9:15	Beads Toss
10:00	Stretch & Flex	10:00	Stretch & Flex
11:00	Chronicles/Trivia	11:00	Nature Channel
1:15	Volleyball	1:15	Bingo
2:00	Tablet Games	2:00	Golf
3:00	Ukulele Music on Y.T	3:00	Sing Along w/ DJ Ray
4:00	Relax/ Family Feud	4:00	AC: Sights&Sounds TN

3	Sunday
9:15	In the Bucket
10:00	Move and Groove
11:00	Space Club
1:15	Unscramble the Word
2:00	Spiritual Reflection
3:00	Music & Volleyball
4:00	AC: Charleston

4	Monday
9:15	Cornhole Toss
10:00	Noodle Exercise
11:00	Chronicles/ Trivia
1:15	Art Club
2:00	Sing Along w/ Mai
3:00	Volleyball
4:00	Book Club

5	Tuesday
9:15	Bowling
10:00	Move and Groove
11:00	Chronicles/ Outburst
1:15	Craft/ Puzzles
2:00	Volleyball
3:00	Music Time
4:00	Relax/ WWYD?/ Music

6	Wednesday
9:15	Ladder Toss/Exercise
10:30	Zoom Ukulele Music
11:00	Chronicles/SingAlong
1:15	Halloween Wreaths
2:00	Music Time
3:00	Tablet Games
4:00	Relax/Outburst/Music

7	Thursday
9:15	Golf
10:00	Stretch & Flex
11:00	Chronicles/Trivia
1:15	Tablet Games
2:00	In the Bucket
3:00	PrimroseBdays /Music
4:00	Relax/Name Tune

8	Friday
9:15	Bowling
10:00	Fit Buddy
11:00	Chronicles/Oct IQ
1:15	Tablet Games
2:00	Golf
3:00	Karaoke Sing Along
4:00	Relax/ Reminiscing

9	Saturday
9:15	Football
10:00	Stretch & Flex
11:00	What Am I?
1:15	Bingo
2:00	Ladder Toss
3:00	Music w/ Susie Q
4:00	Name in 10

10	Sunday
9:15	Golf
10:00	Noodle Exercise
11:00	Chronicles/ Tunes
1:15	Bingo
2:00	Spiritual Reflection
3:00	Music/ Volleyball
4:00	Slides/ Music

11	Monday
9:15	Target Practice
10:00	Move & Groove
11:00	Jeopardy
1:15	Art Club
2:00	Ping Pong
3:00	Sing Along w/Caroline
4:00	Meditate/ Reminisce

12	Tuesday
9:15	Ring Toss/ Exercise
10:00	Stretch & Flex
11:00	Chronicles/ Trivia
1:15	Bingo
2:00	Bowling
3:00	Music Time
4:00	Slides: Pennies In

13	Wednesday
9:15	Cornhole Game
10:00	Fit Buddy
11:00	Chronicles/Trivia
1:15	Volleyball
2:00	Music Time
3:00	Millionaire
4:00	Nature Club

14	Thursday
9:15	Bowling
10:00	Move and Groove
11:00	Name that Tune
1:15	Family Feud
2:00	Golf
3:00	Music Time
4:00	Finish the Phrase

15	Friday
9:15	Cornhole Game
10:00	Stretch and Flex
11:00	Outburst
1:15	Hangman
2:00	Volleyball
3:00	Sing Along w/ Mai
4:00	What Would You Do?

16	Saturday
9:15	Movie&Coffee
10:00	Anything Goes
11:00	Exercise/ Trivia
1:15	Bingo
2:00	Slides: FinishPhrase
3:00	Sing Along w/ DJ Ray
4:00	AC: Fort Collins

17	Sunday
9:15	Target Practice
10:00	Move and Groove
11:00	Nature Club
1:15	Hangman
2:00	Spiritual Reflection
3:00	Music/ Volleyball
4:00	AC: Oregon Zoo

18	Monday
9:15	Bowling
10:00	Noodle Exercise
11:00	What Am I?
1:15	Art Club
2:00	Sing Along w/ Elaine
3:00	Ring Toss
4:00	Book Club

19	Tuesday
9:15	Golf / News
10:30	Zoom Ukulele Music
11:30	Tablet Games
1:15	Craft/ Puzzles
2:00	Balloon Toss
3:00	Music Time
4:00	Relax/ Reminiscing

20	Wednesday
9:15	Ring Toss
10:00	Fit Buddy
11:00	Name That Tune
1:15	Pumpkin Carving
2:00	Music Time
3:00	Tablet Games
4:00	Relax/FamFeud/Music

21	Thursday
9:15	Golf
10:00	Stretch & Flex
11:00	Chronicles/ Trivia
1:15	Tablet Games
2:00	In the Bucket
3:00	Music Time
4:00	Relax/ NameThat Tune

22	Friday
9:15	Beads Toss
10:00	Fit Buddy
11:00	Nature Club
1:15	Volleyball
2:00	Tablet Games
3:00	Sing Along w/Caroline
4:00	Relax/ Family Feud

23	Saturday
9:15	Football!
10:00	Stretch & Flex
11:00	Chronicles/SingAlong
1:15	Bingo
2:00	Cornhole Game
3:00	Sing Along w/ Tom
4:00	Trivia Time

24-31	Sunday
9:15	Movie & Coffee
10:00	Anything Goes
11:00	NoodleExercise /News
1:15	WhoAm I?FamousWomen
2:00	Spiritual Reflection
3:00	Music/ Volleyball
4:00	Slides/ Music

25	Monday
9:15	Beads Toss
10:00	Move and Groove
11:00	Chronicles/ Volley
1:15	Art Club
2:00	Cornhole Toss
3:00	Karaoke Night
4:00	Meditate/ Reminisce

26	Tuesday
9:15	Ring Toss
10:00	Stretch & Flex
11:00	What Would You Do?
1:15	Bingo
2:00	Bowling
3:00	Music Time
4:00	Slides:FinishTheSong

27	Wednesday
9:15	In the Bucket
10:00	Fit Buddy
11:00	Chronicles/Trivia
1:15	Getting Ready
2:00	HalloweenDance Party
3:00	Halloween Games
4:00	Halloween Trivia

28	Thursday
9:15	Ladder Toss
10:00	Stretch & Flex
11:00	Name that Tune
1:15	Volleyball
2:00	Music Time
3:00	Family Feud
4:00	Nature Club

29	Friday
9:15	Golf
10:00	Move and Groove
11:00	What am I?
1:15	Ring Toss
2:00	Mixed-Up Words
3:00	Sing Along w/ Elaine
4:00	Name that Tune

30	Saturday
9:15	Movie & Coffee
10:00	Anything Goes
11:00	Exercise/ Trivia
1:15	Unscramble theWord
2:00	Golf
3:00	Music with DJ Ray
4:00	Jeopardy Trivia

Activities are subject to change based on resident need.

