

## **The Primrose Press**

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## Kitchen Corner

Greetings from the kitchen and Happy St. Patrick's Day!

With the rainy and cold days of winter setting in, we are busy trying to warm up the house with hot drinks, nutritious soups and baked goods fresh from the oven. This month we will share a recipe our breakfast and lunch cook Zonia prepares with a nice spinach salad to start and a grilled turkey sandwich on the side.

## Primrose Corn Chowder

Saute lightly (do not brown):

1/8 lb butter, 1/4 lb of each: diced onion, carrot and celery

1/2 cup leek and 1/2 lb potatoes diced

Add 1/4 cup flour and cook 5 minutes

Add and bring to boil and simmer 30 minutes:



1/4 cup white wine, 1 quart chicken broth, 1/2 lb cut corn, 1 poblano chile roasted, peeled and diced and 1/4 tsp cumin, coriander and Tabasco.

Remove from heat and finish with 1/2 cup cream or half & half and 1/4 lb cheddar cheese. ENJOY!!

> May the hinges of our friendship never grow rusty. Irish Saying