

January 2019

Primrose



1	Tuesday	9:00 Rose Bowl Parade TV 10:00 Stretch & Flex 11:00 New Years Resolutions 1:00 Ipad Games 2:00 Rose Bowl Game 3:00 Food Jingo 4:00 Womens/Mens Club
2	Wednesday	9:00 Basketball 10:00 Shake & Wake 11:00 Trivia Time 1:30 Piano with Michael 3:00 Charades 4:00 Sing Along/Volley 6:00 Evening Matinee
3	Thursday	9:00 Golf 10:00 Stretch & Flex 11:00 January IQ 1:30 Music w/ Jeffrey 2:30 Primrose Birthdays 3:00 Want2BaMillionaire 4:00 Womens/Mens Club
4	Friday	9:00 Kickball/Volley 10:00 Move and Groove 11:00 Chronicles/Volley 1:00 Name 30 Game 2:00 Music with Craig 3:00 Ipad Games 6:00 Book Club
5	Saturday	9:00 MorningMovie&Coffee 10:00 Anything Goes 11:00 Exercise/ The P.D 1:00 Ipad Games 2:00 Karaoke Night 3:00 NewMexicoWatercolor 4:00 New Mexico Info

6	Sunday	9:00 Sunday Jingo 10:00 Move and Groove 11:00 Daily Chronicle 1:00 Name 30 2:00 Spiritual Reflection 3:00 Balloon Volleyball 4:00 Reminiscing
7	Monday	9:00 Noodle Ring Toss 10:00 Bean Bag Movement 11:00 Daily Chronicle 1:00 Jeopardy 2:00 Muisc w/ DJ Ray 3:00 IPAD Games 4:00 CardGame-What am I?
8	Tuesday	9:00 Beach Vollyball 10:00 Stretch & Flex 11:00 Random Trivia 12:00 Ladies Lunch 1:30 Accordion with Mike 3:00 Ladder Toss 4:00 Manicures/Mens Club
9	Wednesday	Bowling@Epicenter 9:00 JumpStart/10am Trivia 11:00 Shake&Wake/ Volley 1:30 Piano with Michael 2:30 Ice Cream Social 3:00 Family Feud Faceoff 4:00 BookClub:OddJobs
10	Thursday	9:00 Lets play Football! 10:00 Stretch & Flex 11:00 Random Trivia 12:00 Mens Lunch 1:30 Music with Jeffrey 3:00 California Cities 4:00 Womens/MensClub
11	Friday	9:00 Bowling 10:00 Noodle Flex 11:00 Daily Chronicle 1:00 January Word Mining 2:00 Youtube Music 3:00 Ladder Toss 4:00 Finish The Phrase
12	Saturday	9:00 My 2 Cents 10:00 Chair Zumba 11:00 Indoor Volleyball/PD 1:00 Family Feud 2:00 Live Music Videos 3:00 Happy Hr & Dominos 4:00 Readers Digest

13	Sunday	9:00 Movie & Coffee 10:00 Anything Goes 11:00 Music & Volleyball 1:00 Ipad Game 2:00 Spiritual Reflection 3:00 WINTER Bingo 4:00 This or That?
14	Monday	9:00 Morning Jingo 10:00 HAS Fit 11:00 The P.D/ Volley 1:00 Ring Toss 2:00 Muisc w/ DJ Ray 3:00 Ring Toss 4:00 Poetry Club
15	Tuesday	9:00 Golf 10:00 Move and Groove 11:00 Daily Chronicle 1:00 Name50 Kitchen Items 2:00 Baking/ Bingo 3:00 Food Trivia 4:00 Womens/MensClub
16	Wednesday	9:00 Bowling Time 10:00 Shake & Wake 11:00 Chronicles/Trivia 1:30 Piano with Michael 3:00 Jeopardy 4:00 Chicken Soup Stories 6:00 Evening Matinee
17	Thursday	9:00 Twister Toss 10:00 Stretch & Flex 11:00 Fact or Fiction 1:30 Music with Jeffrey 3:00 Aroma Therapy 1-1 3:00 WinterCategories 4:00 Womens/Mens Club
18	Friday	9:00 Volleyball 10:00 Bean Bag Movement 11:00 What am I? 1:00 Ipad Game 2:00 Karaoke Night 3:00 Golf 4:00 Poetry Club
19	Saturday	9:00 MorningMovie&Coffee 10:00 Anything Goes 11:00 Zumba/P.D 1:00 Unscramble the Word 2:00 Youtube Music 3:00 Table Tennis 4:00 Don'tBurstMyBubble

20	Sunday	9:00 Jump Start 10:00 Move and Groove 11:00 Daily Chronicles 1:00 Planet Earth Show 2:00 Spiritual Reflection 3:00 Tablet Games 4:00 Book Club
21	Monday	9:00 Twister Toss 10:00 Noodle Flex 11:00 MLK Info & Trivia 1:00 A to Z Word Game 2:00 Music w/ DJ Ray 3:00 Ladder Toss 4:00 Jeopardy Board
22	Tuesday	9:00 Nerf Target Practice 10:00 Stretch & Flex 11:00 Headbanz Game 12:00 Ladies Lunch 1:30 Accordion with Mike 3:00 Bowling 4:00 Manicures/Mens Club
23	Wednesday	9:00 Jump Start 10:00 Shake Awake 11:00 Chronicles/Trivia 1:30 Piano with Michael 3:00 Jeopardy 4:00 VolleyBall/SingAlong 5:00 Res.Council Meeting
24	Thursday	9:00 Beach Volleyball 10:00 Anything Goes 11:00 Book Club 12:00 Mens Lunch 1:30 Music with Jeffrey 3:00 Ipad Games 4:00 Womens/Mens Club
25	Friday	9:00 Nerf Target Practice 10:00 Noodle Flex 11:00 AustraliaDayTrivia 1:00 Jeopardy 2:00 CrazyHatFasionShow 3:00 PrimroseTableTennis 4:00 Australia Video
26	Saturday	9:00 Win All/ Lose All 10:00 Chair Zumba 11:00 NAME 50 1:00 Want2B a Millionaire 2:00 Youtube Music 3:00 Lets Play UNO 4:00 Book Club

27	Sunday	9:00 Movie and Coffee 10:00 Noodle Flex 11:00 Music & Volleyball 1:00 Bowling Time 2:00 Spiritual Reflection 3:00 Discovery Show 4:00 Name 50: Countries
28	Monday	9:00 Ladder Toss 10:00 Move and Groove 11:00 Daily Chronicle 1:00 Ring Toss 2:30 Piano with Leah Rose 3:30 Short Documentary 4:00 Volley/ Poetry Club
29	Tuesday	9:00 Jump Start 10:30 Stretch & Flex 11:00 Finish The Phrase 1:00 IPAD: Food Game 2:00 Baking/ Poker 3:00 Food Trivia 4:00 WomensClub/MensClub
30	Wednesday	Scenic Drive 9:00 RingToss/Wake&Shake 11:00 Exercise/Chronicles 1:30 Piano with Michael 3:00 Trivia Time 4:00 Reminiscing 6:00 Evening Matinee
31	Thursday	9:00 Football! 10:00 Stretch & Flex 11:00 TimeTravel/Zumba 1:30 Music with Jeffrey 3:00 Spelling Bee 3:00 Aroma Therapy 1 on 1 4:00 Womens/MensClub



Activities are subject to change based on resident need.

