## July 2017

## Primrose



9:00

11:30

4:00

10:00

11:00





Wednesday

Golf practice

Chair Zumba!

**Piano with Michael** 

Ice Cream Social

Language Club

**Trivia Time** 

6

9:00

10:00

11:00

1:00

1:30

2:30

6:00

**Thursday** 

Table Volleyball

Visit with Yahze

Music with Jeffrey

**Primrose Birthdays** 

ChickenSoup4TheSoul

**Jump Start** 

**Bowling** 



1	Saturday
9:00	MorningMovie&Coffee
10:00	<b>Move and Groove</b>
11:00	Daily Chronicle
1:00	Daily Chronicle National Joke Day
2:00	Charades

3:00 Beach Volleyball

2	Sunday
9:00	Jump Start
10:00	Move and Groove
11:00	July IQ
1:00	National Geographic
2:00	Spiritaul Reflection
3:00	Karaoke Night
4:00	ThePowerOfASmile
9	Sunday
9:00	Jump Start
10:00	Language Club
11:00	What am I?

3	Monday
9:00	
10:00	Bean Bag Exercise
11:00	Daily Chronicle
1:00	Canada DayTrivia
2:30	Piano with Leah Rose
3:30	Charades
4:00	Spa and Massage
10	Monday

**Jump Start** 

**Ball Exercise** 

**Ipad Games** 

History Club

Monday

**Jump Start** 

3:30 Family Feud

StretchBandExercise

A to Z Word Game

Piano with Leah Rose

**Daily Chronicle** 

Picnic at Bodega Bay

Piano with Leah Rose

**Anything Goes** 

2:00	Uncle Sam Cones
3:00	Food Jingo
4:00	Puppy training
11	Tuesday
	Jump Start
10:00	Stretch & Flex
11:00	Daily Chronicles
1:00	Garden Walk
1:30	Accordion with Mike
3:00	A to Z Word Games
4.00	Cina Alama

**Tuesday** 

10:00

July 4th Trivia

Stretch & Flex

**Patiriot Music Walk** 

**Garden Club** 

11	Tuesday
	Jump Start
10:00	Stretch & Flex
11:00	Daily Chronicles
1:00	Garden Walk
1:30	Accordion with Mike
3:00	A to Z Word Games
4:00	Sing Along
18	Tuesday

g	4:00	Name that Tune
	12	Wednesday
	9:00	Jump Start
K	10:00	Trivia Time
les	11:00	Zumba/Who am I?
	1:30	Piano with Michael
Mike	2:30	Ice Cream Social
mes	4:00	Lets Play Uno
	6:00	<b>Evening Matinee</b>
	19	Wednesday

5

9:00

10:00

11:00

1:30

3:00

6:00	Evening Matinee
19	Wednesday
9:00	Jump Start
10:00	Trivia Time
11:00	Chair Zumba
1:00	IPAD Game
1:30	Piano with Michael
2:30	Ice cream social
5:00	Res.Council Meeting

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9:00	Jump Start
10:00	Stretch & Flex
11:00	Hollywood Trivia
1:00	Ice Hocky field trip
1:30	Music with Jeffrey
3:00	Anything Goes
4:00	Famous Twosomes
27	Thursday
9:00	Jump Start
10:00	Stretch & Flex
11:00	Finish the Phrase
1:30	Music with Jeffrey

**IPAD Game** 

Reader's Digest

**Evening Matinee** 

3:00

			4:00	Light Exercises
7	Friday		8	Saturday
9:00	Jump Start		9:00	Jump Start
	Noodle Exercise		10:00	Bean Bag Exercise
11:00	Daily Chronicle		11:00	Beach Volleyball
1:00	Name 30 game		1:00	Family Feud
2:00	Patriotic Songs		2:00	Jeapardy Trivia
3:00	Let's Play UNO		3:00	Anything Goes
4:00	Finish The Phrase		4:00	<b>Book Club</b>
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10:00	Language Club
11:00	What am I?
1:00	Letters to God
2:00	Spiritual Reflection
3:00	Explore Yosemite
4:00	<b>Guided Meditation</b>
16	Sunday
9:00	Jump Start
10:00	<b>Move and Groove</b>
11:00	Daily Chronicle
1:00	Horse Racing Game
2:00	Spiritual Reflection
3:00	Ntl Ice Cream Day
4:00	Sunday book club
23-30	Sunday
9:00	Movie and Coffee
10.00	Anything Goos

4:00	Sunday book club	4:00	Spa & Massage	
23-30	Sunday	24-31	Monday	
9:00	<b>Movie and Coffee</b>	9:00	Jump Start	
0:00	Anything Goes	10:00	Noodle Exercise	
1:00	Velcro Toss & Catch	11:00	<b>Animal Facts</b>	
1:00	Blue Planet Show	1:00	Planet Earth Show	
2:00	Spiritual Reflection	2:30	Piano with Leah Rose	
3:00	Bingo	3:30	SUMMER Categories	
4:00	This or That?	4:00	SummerTime Singing	
٠.٠	Activities are cubicet to about a back			

18	Tuesday
9:00	
10:00	Table Volleyball
11:00	Garden Walk
1:00	Food Trivia
2:00	<b>Baking Coconut bites</b>
3:00	Name that tune
4:00	Ginger training
25	Tuesday

10:30

11:00

1:00

3:00

4:00

6:00

Baking Coconut bites	1:30	Piano with Michael		
Name that tune	2:30	Ice cream social		
Ginger training	5:00	Res.Council Meeting		
Tuesday	26	Wednesday		
Jump Start	9:00	Jump Start		
County Fair	10:00	Trivia Time		
County Fair	11:00	Chair Zumba		
Fair Facts	1:30	Piano with Michael		
GardenClubSunCatcher	2:30	Ice Cream Social		
Balloon Volleyball	3:00	Language Club		
<b>Evening Matinee</b>	4:00	Puppy Training		
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13	Thursday	14	Friday
9:00	Jump Start	9:00	Jump Start
10:00	:00 Fruit Salad		Bean Bag E
11:00	Garden Club	11:00	Fact or Fic
1:30	Music with Jeffrey	1:00	NaturesGrea
3:00	Bingo	2:00	Music with
	Sing Along	3:00	Balloon Vol
6:00	<b>Evening Matinee</b>	4:00	History Clu
20	Thursday	21	Friday

**Friday** 

Jump Start StretchBandExcercise

3:00 Adult Painting

4:00 Time Travel

IPAD: Hangman

**NaturesGreatEvents** 

Music with Marty

11:00

1:00

4	Friday		15	Saturday
00	Jump Start		9:00	Jump Start
00	Bean Bag Exercise		10:00	Anything Goes
00	Fact or Fiction		11:00	Noodle Balloon Fui
00	NaturesGreatEvents		1:00	Unscramble the Wo
00	Music with Marty		2:00	HappyHour & Domino
00	Balloon Volleyball		3:00	Karaoke Night
00	History Club		4:00	Audio Book
1	Friday		22	Saturday
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4:00	History Club	4:00	Audio Book
21	Friday	22	Saturday
9:00	Jump Start	9:00	Jump Start
10:00	Move and Groove	10:00	Stretch & Flex
11:00	Random Trivia	11:00	Velcro Toss & Catch
1:00	IPAD Game	1:00	NaturesGreatEvents
2:00	Casino / Mocktails	2:00	Bingo!
3:00	AugCalendarCollage	3:00	Language Club
4:00	History Club	4:00	Book Club
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25	Saturaay
	Jump Start
10:00	<b>Move and Groove</b>
11:00	Daily Chronicle
1:00	Unscramble theWord
2:00	Spring Tree Art
	IPad Game
4:00	Balloon Volleyball