

## NORTH BAY OFFICE

Last update: 04.24.17

### MARIN COUNTY

#### Novato

##### *Caregiver Support Group*

**2nd Wednesday of the month, 10 – 11:30 am**

Margaret Todd Senior Center

1560 Hill Road

Novato, CA 94947

Contact: Shannon Speaker

415.472.4340

#### San Rafael (1)

##### *Caregiver Wives*

**1st Tuesday and 3rd Thursday of the month,  
10 am – Noon**

Alzheimer's Association – San Rafael Office

4340 Redwood Hwy., Suite D-314

San Rafael, CA 94903

Contact: Shannon Speaker

415.472.4340

#### San Rafael (2)

##### *Caregiver Husbands*

**2nd Wednesday of the month, 12:30 – 2 pm**

Alzheimer's Association

4340 Redwood Hwy., Suite D-314

San Rafael, CA 94903

Contact: Shannon Speaker

415.472.4340

#### San Rafael (3)

##### *Caregiver Spouse/Partner, Mid-to-Late Stages*

**3rd Tuesday of the month, 10 – 11:30 am**

Alzheimer's Association

4340 Redwood Hwy., Suite D-314

San Rafael, CA 94903

Contact: Shannon Speaker

415.472.4340

#### San Rafael (4)

##### *Adult Children Caregiver*

**3rd Wednesday of the month, 6 – 8 pm**

Alzheimer's Association

4340 Redwood Hwy., Suite D-314

San Rafael, CA 94903

Contact: Shannon Speaker

415.472.4340

*Our Family Caregiver Support Groups are not for the person with the diagnosis. If you need information regarding respite for your loved one so you are able to attend the Support Group, please feel free to contact the Alzheimer's Association at [1.800.272.3900](tel:1.800.272.3900).*

*Please call before attending to verify your group is still meeting at the time, date and location listed.*

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### NAPA COUNTY

#### Napa

##### *Caregiver Support Group*

**3rd Wednesday of the month, 5:30 – 7 pm**

Collabria Care

414 S. Jefferson Street

Napa, CA

Contact: Shelley Dombroski

707.573.1210

#### St. Helena

##### *Caregiver - Up Valley*

**1st and 3rd Thursday of the month,**

**3 – 4:30 pm**

Rianda House Senior Activity Center

1475 Main Street

St. Helena, CA

Contact: Lauren Hibdon

707.573.1210

#### Petaluma

##### *Caregiver Support Group*

**2nd Monday of the month,**

**11:00 – 12:30 pm**

Petaluma Senior Center

211 Novak Drive

Petaluma, CA 94954

Contact: Lauren Hibdon

707.573.1210

#### Santa Rosa (1)

##### *Caregiver Support Group*

**1st and 3rd Thursday of the month,**

**10 – 11:30 am**

Alzheimer's Association Santa Rosa Office

1211 North Dutton Ave, Suite A

Santa Rosa, CA 95401

Contact: Lauren Hibdon

707.573.1210

### SONOMA COUNTY

#### Guerneville

##### *Caregiver Support Group*

**2nd Thursday of the month**

**3 - 4:30 pm**

Russian River Senior Center

15010 Armstrong Woods Rd., Guerneville

Contact: Lauren Hibdon

707.573.1210

#### Santa Rosa (2)

##### *Adult Children Caregiver*

**3rd Tuesday of the month 5:30 – 7 pm**

Alzheimer's Association Santa Rosa Office

1211 North Dutton Ave, Suite A

Santa Rosa, CA 95401

Contact: Lauren Hibdon

707.573.1210

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