



Caregiver Support Groups

Providing Emotional and Practical Support

Santa Rosa*

 **1st Tuesday** of each month at Primrose
2080 Guerneville Rd., 2:30 - 4:00pm

Sebastopol


 **3rd Tuesday** of each month at the
Sonoma West Medical Center, 1:30 - 3:00pm



Windsor

 **3rd Tuesday** of each month at the Windsor Senior Center
923 I Foxwood Dr., 10:30 – Noon

Rohnert Park

 **4th Tuesday** of each month at Rohnert Park Community Center
540I Snyder Lane, 10:00 - Noon

* At Santa Rosa location only - Respite is offered for loved ones while attending the Primrose support group; please call prior to group for reservations.

*For information about attending or scheduling a group near you, please call **707-578-8360**.*