

July 2017

Primrose



| 1 | Saturday |
|-------|---------------------|
| 9:00 | MorningMovie&Coffee |
| 10:00 | Move and Groove |
| 11:00 | Daily Chronicle |
| 1:00 | National Joke Day |
| 2:00 | Charades |
| 3:00 | Beach Volleyball |
| 4:00 | Light Exercises |

| 2 | Sunday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Move and Groove |
| 11:00 | July IQ |
| 1:00 | National Geographic |
| 2:00 | Spiritual Reflection |
| 3:00 | Karaoke Night |
| 4:00 | ThePowerOfASmile |

| 3 | Monday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Bean Bag Exercise |
| 11:00 | Daily Chronicle |
| 1:00 | Canada DayTrivia |
| 2:30 | Piano with Leah Rose |
| 3:30 | Charades |
| 4:00 | Spa and Massage |

| 4 | Tuesday |
|-------|---------------------|
| 9:00 | July 4th Trivia |
| 10:00 | Stretch & Flex |
| 11:00 | Garden Club |
| 1:00 | Patiriot Music Walk |
| 2:00 | Uncle Sam Cones |
| 3:00 | Food Jingo |
| 4:00 | Puppy training |

| 5 | Wednesday |
|-------|--------------------|
| 9:00 | Golf practice |
| 10:00 | Trivia Time |
| 11:00 | Chair Zumba! |
| 1:30 | Piano with Michael |
| 2:30 | Ice Cream Social |
| 3:00 | Language Club |
| 4:00 | Name that Tune |

| 6 | Thursday |
|-------|---------------------|
| 9:00 | Jump Start |
| 10:00 | Table Volleyball |
| 11:00 | Visit with Yahze |
| 1:00 | Bowling |
| 1:30 | Music with Jeffrey |
| 2:30 | Primrose Birthdays |
| 6:00 | ChickenSoup4TheSoul |

| 7 | Friday |
|-------|-------------------|
| 9:00 | Jump Start |
| 10:00 | Noodle Exercise |
| 11:00 | Daily Chronicle |
| 1:00 | Name 30 game |
| 2:00 | Patriotic Songs |
| 3:00 | Let's Play UNO |
| 4:00 | Finish The Phrase |

| 8 | Saturday |
|-------|-------------------|
| 9:00 | Jump Start |
| 10:00 | Bean Bag Exercise |
| 11:00 | Beach Volleyball |
| 1:00 | Family Feud |
| 2:00 | Jeopardy Trivia |
| 3:00 | Anything Goes |
| 4:00 | Book Club |

| 9 | Sunday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Language Club |
| 11:00 | What am I? |
| 1:00 | Letters to God |
| 2:00 | Spiritual Reflection |
| 3:00 | Explore Yosemite |
| 4:00 | Guided Meditation |

| 10 | Monday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Ball Exercise |
| 11:30 | Picnic at Bodega Bay |
| 1:15 | Ipad Games |
| 2:30 | Piano with Leah Rose |
| 3:30 | Anything Goes |
| 4:00 | History Club |

| 11 | Tuesday |
|-------|---------------------|
| 9:00 | Jump Start |
| 10:00 | Stretch & Flex |
| 11:00 | Daily Chronicles |
| 1:00 | Garden Walk |
| 1:30 | Accordion with Mike |
| 3:00 | A to Z Word Games |
| 4:00 | Sing Along |

| 12 | Wednesday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Trivia Time |
| 11:00 | Zumba/Who am I? |
| 1:30 | Piano with Michael |
| 2:30 | Ice Cream Social |
| 4:00 | Lets Play Uno |
| 6:00 | Evening Matinee |

| 13 | Thursday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Fruit Salad |
| 11:00 | Garden Club |
| 1:30 | Music with Jeffrey |
| 3:00 | Bingo |
| 4:00 | Sing Along |
| 6:00 | Evening Matinee |

| 14 | Friday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Bean Bag Exercise |
| 11:00 | Fact or Fiction |
| 1:00 | NaturesGreatEvents |
| 2:00 | Music with Marty |
| 3:00 | Balloon Volleyball |
| 4:00 | History Club |

| 15 | Saturday |
|-------|---------------------|
| 9:00 | Jump Start |
| 10:00 | Anything Goes |
| 11:00 | Noodle Balloon Fun |
| 1:00 | Unscramble the Word |
| 2:00 | HappyHour & Dominos |
| 3:00 | Karaoke Night |
| 4:00 | Audio Book |

| 16 | Sunday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Move and Groove |
| 11:00 | Daily Chronicle |
| 1:00 | Horse Racing Game |
| 2:00 | Spiritual Reflection |
| 3:00 | Ntl Ice Cream Day |
| 4:00 | Sunday book club |

| 17 | Monday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | StretchBandExercise |
| 11:00 | Daily Chronicle |
| 1:00 | A to Z Word Game |
| 2:30 | Piano with Leah Rose |
| 3:30 | Family Feud |
| 4:00 | Spa & Massage |

| 18 | Tuesday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Table Volleyball |
| 11:00 | Garden Walk |
| 1:00 | Food Trivia |
| 2:00 | Baking Coconut bites |
| 3:00 | Name that tune |
| 4:00 | Ginger training |

| 19 | Wednesday |
|-------|---------------------|
| 9:00 | Jump Start |
| 10:00 | Trivia Time |
| 11:00 | Chair Zumba |
| 1:00 | IPAD Game |
| 1:30 | Piano with Michael |
| 2:30 | Ice cream social |
| 5:00 | Res.Council Meeting |

| 20 | Thursday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Stretch & Flex |
| 11:00 | Hollywood Trivia |
| 1:00 | Ice Hocky field trip |
| 1:30 | Music with Jeffrey |
| 3:00 | Anything Goes |
| 4:00 | Famous Twosomes |

| 21 | Friday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Move and Groove |
| 11:00 | Random Trivia |
| 1:00 | IPAD Game |
| 2:00 | Casino / Mocktails |
| 3:00 | AugCalendarCollage |
| 4:00 | History Club |

| 22 | Saturday |
|-------|---------------------|
| 9:00 | Jump Start |
| 10:00 | Stretch & Flex |
| 11:00 | Velcro Toss & Catch |
| 1:00 | NaturesGreatEvents |
| 2:00 | Bingo! |
| 3:00 | Language Club |
| 4:00 | Book Club |

| 23-30 | Sunday |
|-------|----------------------|
| 9:00 | Movie and Coffee |
| 10:00 | Anything Goes |
| 11:00 | Velcro Toss & Catch |
| 1:00 | Blue Planet Show |
| 2:00 | Spiritual Reflection |
| 3:00 | Bingo |
| 4:00 | This or That? |

| 24-31 | Monday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | Noodle Exercise |
| 11:00 | Animal Facts |
| 1:00 | Planet Earth Show |
| 2:30 | Piano with Leah Rose |
| 3:30 | SUMMER Categories |
| 4:00 | SummerTime Singing |

| 25 | Tuesday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:30 | County Fair |
| 11:00 | County Fair |
| 1:00 | Fair Facts |
| 3:00 | GardenClubSunCatcher |
| 4:00 | Balloon Volleyball |
| 6:00 | Evening Matinee |

| 26 | Wednesday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Trivia Time |
| 11:00 | Chair Zumba |
| 1:30 | Piano with Michael |
| 2:30 | Ice Cream Social |
| 3:00 | Language Club |
| 4:00 | Puppy Training |

| 27 | Thursday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Stretch & Flex |
| 11:00 | Finish the Phrase |
| 1:30 | Music with Jeffrey |
| 3:00 | IPAD Game |
| 4:00 | Reader's Digest |
| 6:00 | Evening Matinee |

| 28 | Friday |
|-------|----------------------|
| 9:00 | Jump Start |
| 10:00 | StretchBandExcercise |
| 11:00 | IPAD: Hangman |
| 1:00 | NaturesGreatEvents |
| 2:00 | Music with Marty |
| 3:00 | Adult Painting |
| 4:00 | Time Travel |

| 29 | Saturday |
|-------|--------------------|
| 9:00 | Jump Start |
| 10:00 | Move and Groove |
| 11:00 | Daily Chronicle |
| 1:00 | Unscramble theWord |
| 2:00 | Spring Tree Art |
| 3:00 | IPad Game |
| 4:00 | Balloon Volleyball |

Activities are subject to change based on resident need.

